

**ADENOIDECTOMY**

- Drink a lot of fluids. This is important to prevent dehydration and to keep the throat moist.
- Advance diet as tolerated.
- Increase activity as tolerated the after surgery. If your child feels well, he/she may return to school, but should avoid vigorous activity for several days.
- Do not take aspirin or Ibuprophen or products containing aspirin or Ibuprophen for 2 weeks.
- Tylenol may be taken as directed on the package.
- See your physician as scheduled following the procedure:

**Appointment:** \_\_\_\_\_

**POSSIBLE SIDE EFFECTS:**

- Your child may feel drowsy and nauseated for a short period of time from the anesthesia.
- It is normal to experience some minor throat discomfort.
- It is normal to experience a low-grade fever (100.0° – 101.5°).

**CONTACT YOUR PHYSICIAN**

- If there is any sign of bright red bleeding from the mouth or nose
- If your child has uncontrolled pain that is not relieved with Tylenol
- If your child has a fever greater than 101.5°
- If you have any questions or concerns

**301-989-2300**

- Dr. Hauck     Dr. Bianchi     Dr. Asher     Dr. Driscoll

If you call after normal office hours please follow the instructions on the recording, a physician will be contacted to return your call.

Comments: \_\_\_\_\_  
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